

RSE

Year group: 2

Term: Autumn

Families and friendships

Making friends; feeling lonely and getting help



Topic overview

Enjoy learning about the true value
of families and friendships!

Prior knowledge

- about people who care for them, e.g. parents, siblings, grandparents, relatives, friends, teachers
- the role these different people play in children's lives and how they care for them
- what it means to be a family and how families are different, e.g. single parents, same-sex parents, etc.
- about the importance of telling someone — and how to tell them — if they are worried about something in their family

National Curriculum Objectives

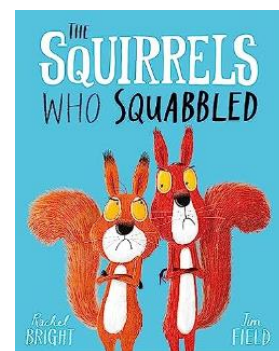
By the end of primary school:

Pupils should know

- how important friendships are in making us feel happy and secure, and how people choose and make friends.
- that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

By the end of this unit, I will be able to:

- how to be a good friend, e.g. kindness, listening, honesty
- about different ways that people meet and make friends
- strategies for positive play with friends, e.g. joining in, including others, etc.
- about what causes arguments between friends
- how to positively resolve arguments between friends
- how to recognise, and ask for help, when they are feeling lonely or unhappy or to help someone else



Key vocabulary

Kindness, listening, honesty, inclusion, arguments, online, bullying, differences, secrets, uncomfortable, worried

Classmates, friends, common, differences, groups, situations, discussions, reasons